**Unit 3 A healthy diet 第二课时**

**学习要求：**

1. 熟练朗读Story time，做到发音准确、流利、有感情。
2. 尝试背诵Story time。
3. 完成相应练习。

**练习：**

**一、根据课文内容补全短文**

Mike likes\_\_\_\_\_\_\_\_ sweet food. He doesn’t like\_\_\_\_\_\_\_\_ water. He only

drinks\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ water every day. He has some bread and milk\_\_\_\_\_\_\_\_

breakfast. He has\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ eggs every week.

Yang Ling likes sweet food too, but she eats\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ at a\_\_\_\_\_\_\_\_.

She has\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ noodles for breakfast. Sometimes she eats\_\_\_\_\_\_\_\_ egg

too.

**二、句子翻译**

1. 我爷爷每天早餐吃一些面包和土豆。

My grandpa\_\_\_\_\_\_\_\_ some bread and\_\_\_\_\_\_\_\_ for breakfast\_\_\_\_\_\_\_\_ day.

2. —你妈妈有一个健康的饮食吗? —是的。

—\_\_\_\_\_\_\_\_ your mother\_\_\_\_\_\_\_\_ a\_\_\_\_\_\_\_\_ diet? —Yes.

3. 你不应该吃太多肉, 它对我们的健康有害。You\_\_\_\_\_\_\_\_ eat\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ meat, it is\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ our\_\_\_\_\_\_\_\_.

4. —她昨天吃午饭了吗? —是的, 但只吃了一点米饭。

—\_\_\_\_\_\_\_\_ she\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ yesterday?

—Yes, she\_\_\_\_\_\_\_\_. But she only\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_.

5. 他非常喜欢甜食, 但他每次只吃几颗糖。

He likes\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ very much, but he\_\_\_\_\_\_\_\_ eats\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_ at a time.

三**、读一读, 根据首字母提示完成句子**

1. Do you h\_\_\_\_\_\_\_\_\_ a h\_\_\_\_\_\_\_\_\_ diet?

2. She only has some v\_\_\_\_\_\_\_\_\_\_\_ for dinner.

3. Does he h\_\_\_\_\_\_\_\_ a good diet?

4. I will v\_\_\_\_\_\_\_\_\_ my grandparents next Sunday.

5. There is not m\_\_\_\_\_\_\_\_\_ food in the fridge.

**四、单项选择**

( )1. There\_\_\_\_\_\_\_\_ any juice in glass.

A. aren’t B. is C. isn’t

( )2. Sweet food is bad for our\_\_\_\_\_\_\_\_.

A. tooth B. leg C. teeth

( )3. There is\_\_\_\_\_\_\_\_ water in the bottle.

A. A few B. many C. a little

( )4. Don’t go to bed too\_\_\_\_\_\_\_\_ at night. You’re always late\_\_\_\_\_\_\_\_ school.

A. late; for B. late; to C. early; to

( )5. —Can you\_\_\_\_\_\_\_\_ some hamburgers for me? —I’m hungry.

A. take B. taking C. bring

( )6. He shouldn’t drink so\_\_\_\_\_\_\_\_ cola, or he’ll be\_\_\_\_\_\_\_\_.

A. much; unhealthy B. a lot of; healthy C. many; healthy

( )7. I eat a few noodles\_\_\_\_\_\_\_\_.

A. in dinner B. of dinner C. for dinner

( )8. The child\_\_\_\_\_\_\_\_ eating ice creams.

A. wants B. like C. likes

( )9. \_\_\_\_\_\_\_\_ can help us keep healthy.

A. Vegetables B. vegetable C. The vegetable

( )10. \_\_\_\_\_\_\_\_ to the hospital faster, you can take a taxi.

1. Get B. To get C. Getting

**五、完型填空**

I like to\_\_1\_\_ a healthy diet. It is good\_\_2\_\_ me. It offers me a lot of energy.

I\_\_3\_\_ drinking\_\_4\_\_. And I don’t like\_\_5\_\_ sweets. Sweets are not\_\_6\_\_ for my\_\_7\_\_. \_\_8\_\_ breakfast, I usually have some bread, some milk and an egg . I always\_\_9\_\_ vegetables and meat for lunch and\_\_10\_\_.

( ) 1. A. need B. have C. buy

( ) 2. A. to B. for C. about

( ) 3. A. likes B. like C. liked

( ) 4. A. bread B. eggs C. water

( ) 5. A. eating B. eat C. eats

( ) 6. A. good B. well C. better

( ) 7. A. tooth B. tooths C. teeth

( ) 8. A. At B. For C. In

( ) 9. A. have B. has C. had

( ) 10. A. breakfast B. dinner C. rest